Child and Family Team Orientation

12 Principles and Arizona Vision
Objectives

By the end of the class, you will be able to:

• Be familiar with the Arizona Children’s Behavioral Health System
• Identify the Arizona Vision and 12 Principles
• Understand the composition and duties of a Child and Family Team (CFT), the key elements of CFTs, and the general tasks to be performed by the team as well as fidelity to the CFT process.
• Examine the benefit in understanding your family culture in the CFT process so that services can be individualized and tailored to meet your family’s unique needs and build on family strengths
Objectives

• Recognize the value of what your family brings to the table in regards to your personal life expertise
• Learn the attributes of meaningful family involvement
• Apply what you have learned in this orientation to your individual CFT process
It takes a village to raise a child.

African-American proverb
“There are 2 phases of change in the system of care.

The first change is in the system itself.

The other change is in ourselves in harmonizing within the changes in the system.”

~Robert Cavat
A Little History Lesson

Arnold v. Sarn (1989): Adults with serious mental illnesses

• Settlement Agreement (June 26, 2001)
• Arizona Vision
• 12 Arizona Principles
• Settlement Agreement extended to 2009

300 Kids Project
• Child & Family Teams

Family Involvement Center founded 2002
Arizona’s Public Health System

• Funding from federal and state dollars

• AHCCCS (Arizona Health Care Cost Containment System)
Maricopa County Behavioral Health System of Care

Arizona Department of Health Services (ADHS)
Division of Behavioral Health Services (DBHS)

Regional Behavioral Health Authority (RBHA)
*Magellan of Arizona*
Provider Network Organizations (PNOs)

Magellan of Arizona

Adult Services PNOs

People of Color Network
Southwest Network
Choices of Arizona

Children’s Services PNOs

People of Color Network
Southwest Network
Quality Care Network
Magellan
Children’s Services
Provider Network
Organizations

People of Color
Network (POCN)

Southwest Network
(SWN)

Quality Care
Network (QCN)
Qualified Service Providers (QSPs) “provider agencies”

• Families usually receive most of their services (such as case management and counseling) through a QSP (provider agency)

• Families choose the QSP that best fits their unique needs
People of Color Network

QSPs

- American Indian Prevention Coalition, Inc.
- Centro de Amistad
- Chicanos por la Causa
- Ebony House, Inc.
- Empact Suicide Prevention Center, Inc.
Quality Care Network

QSPs

• A New Leaf
• Devereux Arizona
• Jewish Family and Children’s Services
• Valle del Sol, Inc.
Southwest Network

QSPs

- Arizona Children’s Association
- Michael B. Bayless & Associates
- Black Family and Child Services
- Phoenix Interfaith Counseling
- Rio Salado Behavioral Health Systems, Inc.
- Southwest Behavioral Health Services
- Southwest Human Development, Inc.
- Southwest Network, Inc.
- Touchstone Behavioral Health
- Youth Evaluation and Treatment Center (Youth ETC)
Other Providers

- Children’s Direct Support Providers (DSPs) contract with all three children’s PNOs to provide services/supports to families
  - Family Involvement Center
  - Others

- Community Service Agencies (CSAs)
  - Aid to Adoption of Special Kids (A.A.S.K.)
  - others
State/Local Child-Serving Systems

- Child Welfare DES/CPS/District I
- Juvenile Justice JPO (Juvenile Probation) ADJC (Juvenile Correct.)
- Education AZ Dept of Education Local School Districts
- Developmental Disabilities DES/DDD/ District I
Societal & Legal Mandates of Child-Serving Systems

- **Child Welfare:** Safety
- **Juvenile Justice:** Public Safety
- **Education:** Learning
- **Mental Health:** Emotional Healing
- **Public Health:** Disease Prevention
- **Developmental Disabilities:** Habilitation
The Arizona Vision

“In collaboration with the child and family and others, Arizona will provide accessible behavioral health services designed to aid children to:

- achieve success in school
- live with their families
- avoid delinquency
- become stable and productive adults

Services will be tailored to the child and family and provided in the most appropriate setting, in a timely fashion, and in accordance with best practices, while respecting the child’s and family’s cultural heritage.”

*J.K. vs. Eden et al.* No. CIV 91-261 TUC JMR, Paragraph 18
# 12 Principles of the Arizona Vision

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Collaboration with the Child and Family

- Respect for active collaboration with the child and parents is the cornerstone to achieving positive behavioral health outcomes.

- Parents and children are treated as partners in the assessment, planning, delivery, and evaluation of behavioral health services.
Services Tailored to the Child and Family

- Strengths-based treatment
- Child and family are encouraged to articulate their own strengths and unique needs
- Child and family to have input on types of services provided
- Traditional services can be tailored to fit Child’s and Family’s unique needs
Most Appropriate Setting

• Services provided in their home and community whenever possible

• Services provided in the most integrated setting appropriate to the child’s needs
Timeliness

• Children identified as needing behavioral health services are assessed and served promptly
Accessible Services

• Comprehensive array of Behavioral Health Services

• Case Management is provided as needed

• Transportation provided as needed

• Services adapted and/or created when needed
Connection to Natural Supports

• Delivery system uses family’s own network of supports: friends, neighbors, religious organizations etc.

Connection to Community Supports

• The team strives to identify generic community supports and services that can assist the child and/or family
Collaboration with Others

- Multi-agency, multi-system involvement
- Joint assessment, joint services
- Child and Family-Centered Teams (CFTs) plan and deliver services
Independence

• Services include support and training for parents in meeting their child’s needs

• Service plans identify parents’ and children’s need for training and support in acting as partners in the treatment process
Respect for the Child & Family's Unique Cultural Heritage

• Every family has a unique family culture that needs to be respected/reflected in planning
• Services provided respect family cultural traditions and heritage
• Services are provided in Spanish if children and parents primary language is Spanish
Functional Outcomes

• Success in School
• Live with their Family
• Avoid Delinquency
• Become Stable and Productive Adults
Best Practices

• Services provided by competent individuals

• Services delivered incorporate evidence-based ‘best practices’
Balancing the Twelve Principles

• Each of the twelve principles is important.

• For the most part, the principles are not controversial in and of themselves. However, there are times where one principle seems to pull against another. In such cases, it is important to help the team consider how to strike the best balance between each of the principles.
The System of Care: Child and Family Team (CFT) Practice

- How a community takes care of its own
- Recognizes that child and family needs often don’t fit our categorical services models
- Respects each agency’s societal mandates
- Is comprised of formal and informal stakeholders
- Success is closely linked to fiscal incentives
Basic Reasoning for the Child & Family Team Process

- Human beings typically prefer to live in communities with families and friends of their choosing.
- Sometimes, the needs of humans are very complex.
- Human beings with complex needs often do better when they have support from other humans.
- Due to the unique aspects of human nature, needs and how needs should be met vary from person to person.
Values for Child & Family Team Process and Systems of Care

- Persistence
- Commitment
- Child-Centered
- Family-Focused
- Safety
- Individualized
- Strength-Based

- Family, Youth and Professional Partnership
- Collaboration and Community Support
- Social Networks and Informal Supports
- Outcome-Based and Cost-Responsible
Child and Family Teams

- Comprised of the family and people who know the family best
- Team develops the service plan
- Work towards a team that has natural and community supports with no more than half of the members being professionals
- Family chooses team unless custody is involved, then a representative of the Department of Economic Security (DES) decides or shares team selection with family
The Child and Family Team is a group of people that includes, at minimum, the child and his/her family, and foster parents, a behavioral health representative, and any individuals important in the child’s life and who are identified and invited to participate by the child and family[1]. This may include, for example, teachers, extended family members, friends and other natural supports, family support partner, healthcare providers, coaches, community resource providers, representatives from religious affiliations, agents from other service systems like Child Protective Services or the Division of Developmental Disabilities, etc. The size, scope and intensity of the involvement of the team members are determined by objectives established for the child, and by which individuals are needed to develop and coordinate an effective individual service plan (ISP), and can therefore expand and contract as necessary to be successful on behalf of the child.

[1] In the case of children who may be legally dependent or delinquent, the custodial agency participates in the selection of team membership with the child and family.
TEAMWORK

“When the best and the brightest come together, the possibilities are endless.”
Child & Family Team Process

Excerpted from DBHS Practice Protocol: Child and Family Team Practice 01/01/2008

- Engagement of the Child and Family
- Immediate Crisis Stabilization
- Strengths, Needs and Culture Discovery (SNCD)
- CFT Formation
- Behavioral Health Service Plan – Development
- Ongoing Crisis, Safety and Wellness Planning
- Behavioral Health Service Plan - Implementation
- Tracking and Adapting
- Transition
Child & Family Teams

Key Elements

• Addressing and re-assessing the underlying needs of a family
• Promoting positive connections to community rather than a reliance on the system
• Flexible funding when necessary
• Customizing services to fit specific needs
Life Domains

- Family
- Friends
- Emotional
- Safety
- Spiritual
- Financial
- Medical
- Legal
- Residence
- Educational
- Fun
- Other Needs

Remember, we all have life domain needs, but we don’t have all of the needs at once….Prioritize the top one or two needs to start.
A Culturally Competent CFT Participant...

- Understands the societal mandates of each agency and appreciates the cultural differences in agencies
- Discovers and appreciates the cultural differences in each family
- Ensures that each CFT plan and implementation is agency and family culturally competent
For more information or to make a referral for our services please contact:

Parent Assistance Center
pac@FamilyInvolvementCenter.org
Phone 602.288.0155
Fax 602.393.1165